

Table 1

Seafood Products for delivery 05/11/2020 - 07/11/2020				
Fresh Products	Size	Grade	Cost each or per kilo	Fresh
Shetland Cod portions each	140-170gms	Superior	3.00each	Fresh
Shetland cod whole sides filleted	1.2-1.5kg	Superior	14.95kg	Fresh
Shetland Salmon portions each	140-170gms	Superior	3.00each	Fresh
Shetland salmon whole sides filleted	1.5-2.0kg	Superior	14.95kg	Fresh
devon hake portions	140-170gms	Superior	3.00each	Fresh
devon hake fillets	750-1.5kg	Superior	14.95kg	Fresh
Shetland mackerel whole	400-550gms	Superior	5.95kg	Fresh
North Atlantic wild halibut	Cut to 220gms and upwards	Superior	22.50kg	Fresh
brixham whole wild bass	750gms-1500gms	Superior	15.95kg	Fresh
Shetland king scallops	Large	Superior	29.95kg	Fresh
Poole oysters	Large	Superior	1.00each	Live
Poole palourde clams	Large	Superior	10.00kg	Live
shetland mussels	Rope grown	Superior	5.50kg	Live
Sashimi grade yellow fin tuna	Cut to Any size	Sashimi	22.50kg	Fresh
Brixham lemonsole each	350-450gms	Superior	6.00each	Fresh
brixham Brill each	750-1.5kg	Superior	13.95kg	Fresh
Brixham whole plaice	400-450gms	Superior	4.00each	Fresh
Brixham skate wings	Cut to any size	Superior	11.95kg	Fresh
Brixham monkfish fillet skinless and boneless	Cut to any size	Superior	19.95kg	Fresh
Pie mix (cod, hake, salmon)	Any size	Superior	8.95kg	Fresh
Fresh raw king prawns	500gms	From France	9.00half kilo	Fresh/raw
Devon whole cooked crab	800g-1kg	Fresh	8.95kg	Cooked
Devon cooked 50/50 crab meat	250gms	Fresh	8.95each	Cooked
Devon cooked white crab claw meat	250gms	Fresh	14.95each	Cooked
devon whole cooked lobster	500gms	Fresh	15.00each	Cooked
Scottish long sliced smoked salmon	200gms	Fresh/smoked	6.00each	Fresh
Grimsby smoked haddock	300-350gm	Fresh/smoked	12.95kg	Fresh
Farmed bass each	400-600gms	Farmed in greece	5.00each	Fresh
Farmed bream each	400-600gms	Farmed in greece	5.00each	Fresh
Frozen products	Size	Grade	Cost each	Frozen
Manx kippers		Each	9.95kg	Frozen
Cod, bacon and brie fishcakes	115gms	Each	1.50	Frozen
Smoked haddock and mozzarella fish cakes	115gms	Each	1.50	Frozen
Thai rosti fish cakes	115gms	Each	1.50	Frozen

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Tempura battered prawns	500gms	25no	7.50	Frozen
Shell-on cooked prawns	500gms	Superior	4.50	Frozen
Peeled tiger prawns	1kg	54-60no	10.00	Frozen
Whole tiger prawns	1kg	32-40no	10.00	Frozen
Panco coated squid rings	700gms		12.50	Frozen
Salt and pepper squid	1kg		15.00	Frozen
Breaded plaice goujons	454gms		5.50	Frozen

Good evening everyone. Much the same this week for choice. Plenty there to choose from.

This week brought around a couple of highlights one being the portion sizes. If your portions are over size usually the reason is, if they're cut any smaller it would ruin during its cooking process. I try to make decisions on the fly what's best for the client and the quality of the fish. Some fish arrive 45kg other fish arrive 2kg its not a perfect world where all fish are exactly the same and end results can differ enormously. Im unable to call everyone with these problems so decisions are made immediately. I hope this explains why sometimes your ordered portions are a bit over size.

With xmas fast approaching im being asked about deliveries and forward orders. So our delivery days will be

Tues 22, wed 23 and thur 24 and then back to normal from thur 7th January.

The market stall dates will be

Sat 19th dec and then back on the 2nd January.

The reason for the gap between xmas and new year is simply there's no fresh fish being landed and sold through the markets. Fishermen and transport are both closed during this time.

Demand will be busy for delivery time slots so please don't delay.

As usual we will be supplying the best smoked salmon from John ross and as many will know it comes with a royal crest as suppliers to the queen. Must be good.

I look forward to hearing from you soon.

Dan

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fb. Lymington market fish man dan coralbay seafoods

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